

Matcha Instructions



Step 1: Preheat the matcha bowl by filling it 1/3 full with hot water. Place the whisk facing down into the hot water and wet just the tips of the prongs. When the bowl is thoroughly heated, pour out the water and dry the bowl with a cloth. Set the whisk aside. Boil water for the tea and let it cool slightly.



Step 2: Use a bamboo scoop to measure the matcha powder. Use **2 scoops if using a bamboo scoop or 1/2 teaspoon of Herbal Republic® Matcha** and put it into the pre-heated bowl. Note: sifting the matcha powder prior to measuring it is highly advisable to remove any clumps.



Step 3: When the water in STEP 1 measures **70°C (158°F) - 80°C (176°F)**, pour it into the bowl with the matcha powder.



Step 4: Take the whisk in one hand and hold the rim of the matcha bowl with the other. **Whisk the matcha briskly in a 'W' motion using your wrist (not arm)** until the matcha has a thick froth with many tiny bubbles on the surface. Your matcha tea is now ready to drink!

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